



WHAT DO I KNOW  
*About My God*  
EMERGENCY PACK VERSES

These are some “emergency pack” verses to help you (or your friends) when you are going through a difficult time. They can also be a great encouragement for daily life. You may copy them as needed.

MY GOD CARES.

**Psalm 56:8–9** *Thou tellest my wanderings: put thou my tears into thy bottle: are they not in thy book? When I cry unto thee, then shall mine enemies turn back: this I know; for God is for me.*

**Lamentations 3:21–23** *This I recall to my mind, therefore have I hope. It is of the LORD’S mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness.*

**Matthew 10:29–31** *Are not two sparrows sold for a farthing? and one of them shall not fall on the ground without your Father. But the very hairs of your head are all numbered. Fear ye not therefore, ye are of more value than many sparrows.*

**Hebrews 4:15–16** *For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.*

**I Peter 5:7** *Casting all your care upon him; for he careth for you.*

## WHAT DO I KNOW *about my God?*

### MY GOD COMFORTS.

**Psalm 23:4** *Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.*

**John 14:16** *And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever.*

**18** *I will not leave you comfortless: I will come to you.*

**26** *But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.*

**27** *Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.*

**Romans 15:4** *For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.*

**II Corinthians 1:3–4** *Blessed be God, even the Father of our Lord Jesus Christ, the Father of mercies, and the God of all comfort; Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of God.*

MY GOD IS IN CONTROL.

**Psalm 18:30** *As for God, his way is perfect: the word of the LORD is tried: he is a buckler to all those that trust in him.*

**32** *It is God that girdeth me with strength, and maketh my way perfect.*

**Psalm 115:3** *But our God is in the heavens, he hath done whatsoever he hath pleased.*

**Ecclesiastes 7:13** *Consider the work of God: for who can make that straight, which he hath made crooked?*

**Isaiah 46:9–11** *Remember the former things of old: for I am God, and there is none else; I am God, and there is none like me, Declaring the end from the beginning, and from ancient times the things that are not yet done, saying, My counsel shall stand, and I will do all my pleasure: . . . yea, I have spoken it, I will also bring it to pass; I have purposed it, I will also do it.*

**Romans 8:28–29** *And we know that all things work together for good to them that love God, to them who are the called according to his purpose. For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren.*

**Romans 11:33–34** *O the depth of the riches both of the wisdom and knowledge of God! how unsearchable are his judgments, and his ways past finding out! For who hath known the mind of the Lord? or who hath been his counsellor?*

**36** *For of him, and through him, and to him, are all things: to whom be glory for ever. Amen.*

**Revelation 4:11** *Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they are and were created.*

WHAT DO I KNOW *about my God?*

MY GOD DOESN'T WANT ME TO BE AFRAID.

**Isaiah 41:10** *Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.*

**Deuteronomy 31:6** *Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.*

**II Timothy 1:7** *For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.*

**Psalms 56:3-4** *What time I am afraid, I will trust in thee. In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.*

**Hebrews 13:5-6** *Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee. So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.*

MY GOD FORGIVES.

**Psalm 86:5** *For thou, Lord, art good, and ready to forgive; and plenteous in mercy unto all them that call upon thee.*

**Ephesians 4:32** *And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*

**Colossians 3:12–14** *Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness.*

**I John 1:8–9** *If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.*

WHAT DO I KNOW *about my God?*

MY GOD IS GOOD.

**Psalm 31:19** *Oh how great is thy goodness, which thou hast laid up for them that fear thee; which thou hast wrought for them that trust in thee before the sons of men!*

**Psalm 34:8** *O taste and see that the LORD is good: blessed is the man that trusteth in him.*

**Psalm 100:5** *For the LORD is good; his mercy is everlasting; and his truth endureth to all generations.*

**Nahum 1:7** *The LORD is good, a strong hold in the day of trouble; and he knoweth them that trust in him.*

**John 10:11** *I am the good shepherd: the good shepherd giveth his life for the sheep.*

**14** *I am the good shepherd, and know my sheep, and am known of mine.*

MY GOD GIVES GRACE (DIVINE HELP).

**II Corinthians 9:8** *And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work.*

**II Corinthians 12:8–10** *For this thing I besought the Lord thrice, that it might depart from me. And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.*

**Hebrews 4:16** *Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.*

**I Peter 5:5–7** *Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: Casting all your care upon him; for he careth for you.*

**10** *But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.*

WHAT DO I KNOW *about my God?*

MY GOD IS HOPE.

**Psalm 31:24** *Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD.*

**Psalm 42:11** *Why art thou cast down, O my soul? and why art thou disquieted within me? hope thou in God: for I shall yet praise him, who is the health of my countenance, and my God.*

**Romans 15:4** *For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope.*

**13** *Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.*



MY GOD LOVES ME.

**I John 4:8** . . . *for God is love.*

**10** *Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins.*

**19** *We love him, because he first loved us.*

**Jeremiah 31:3** *The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee.*

**Ephesians 2:4–5** *But God, who is rich in mercy, for his great love wherewith he loved us, even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved).*

**Romans 8:35, 37–39** *Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? Nay, in all these things we are more than conquerors through him that loved us. For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.*

WHAT DO I KNOW *about my God?*

MY GOD WANTS ME TO LOVE AND SERVE OTHERS.

**Matthew 22:39** *And the second is like unto it, Thou shalt love thy neighbour as thyself.*

**Mark 10:43–45** . . . *whosoever will be great among you, shall be your minister: And whosoever of you will be the chiefest, shall be servant of all. For even the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many.*

**John 13:34–35** *A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye have love one to another.*

**Philippians 2:3–4** *Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves. Look not every man on his own things, but every man also on the things of others.*

**Galatians 6:2, 9–10** *Bear ye one another's burdens, and so fulfil the law of Christ. . . . And let us not be weary in well doing: for in due season we shall reap, if we faint not. As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of faith.*

MY GOD IS POWERFUL.

**I Chronicles 29:11–12** *Thine, O LORD, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heaven and in the earth is thine; thine is the kingdom, O LORD, and thou art exalted as head above all. Both riches and honour come of thee, and thou reignest over all; and in thine hand is power and might; and in thine hand it is to make great, and to give strength unto all.*

**Jeremiah 32:17** *Ah Lord GOD! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee.*

**27** *Behold, I am the LORD, the God of all flesh: is there any thing too hard for me?*

**Ephesians 1:19–20** *And what is the exceeding greatness of his power to us-ward who believe, according to the working of his mighty power, which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places.*

**Psalms 62:11** *God hath spoken once; twice have I heard this; that power belongeth unto God.*

**Luke 1:37** *For with God nothing shall be impossible.*

WHAT DO I KNOW *about my God?*

MY GOD IS STRONG (GIVES STRENGTH).

**Isaiah 40:28–31** *Hast thou not known? hast thou not heard, that the everlasting God, the LORD, the Creator of the ends of the earth, fainteth not, neither is weary? there is no searching of his understanding. He giveth power to the faint; and to them that have no might he increaseth strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.*

**Ephesians 6:10–11** *Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.*

**Philippians 4:13** *I can do all things through Christ which strengtheneth me.*

**II Corinthians 12:9a** *And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness.*

MY GOD WANTS ME TO “THINK BIBLE.”

**Isaiah 26:3–4** *Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength.*

**II Corinthians 10:3–5** *For though we walk in the flesh, we do not war after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.*

**Ephesians 4:22–24** *That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness.*

**Philippians 2:5** *Let this mind be in you, which was also in Christ Jesus.*

**Philippians 4:4–9** *Rejoice in the Lord always: and again I say, Rejoice. Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.*

**James 1:5–8** *If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways.*

## WHAT DO I KNOW *about my God?*

### MY GOD WANTS ME TO TRUST HIM.

**Proverbs 3:5–6** *Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.*

**Jeremiah 17:5–8** *Thus saith the LORD; Cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the LORD. For he shall be like the heath in the desert, and shall not see when good cometh; but shall inhabit the parched places in the wilderness, in a salt land and not inhabited. Blessed is the man that trusteth in the LORD, and whose hope the LORD is. For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit.*

**I Timothy 6:17** *Charge them that are rich in this world, that they be not highminded, nor trust in uncertain riches, but in the living God, who giveth us richly all things to enjoy.*

MY GOD IS WITH ME.

**Job 36:4** . . . he that is perfect in knowledge is with thee.

**Deuteronomy 31:8** And the LORD, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed.

**Matthew 28:20** . . . lo, I am with you alway, even unto the end of the world.

**Psalm 46:1** God is our refuge and strength, a very present help in trouble.

7 The LORD of hosts is with us; the God of Jacob is our refuge.

**John 14:16–17** And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.