

# THE WILDERNESS WITHIN: A STUDY GUIDE

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***The Wilderness Within: A Study Guide*** by Faith Alvis Taylor  
For use with *The Wilderness Within* by Beneth Peters Jones  
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11. Fill in the chart to show the parallel between the Israelites' wilderness and our wilderness.

	The Israelites' Journey	Our Journey
<b>Wilderness</b>	<ul style="list-style-type: none"> <li>· physical</li> <li>· geographical expanse</li> </ul>	
<b>Campsite</b>	<ul style="list-style-type: none"> <li>· points located on a map</li> </ul>	

12. What is your goal for this Bible study?







12. When does a woman's internal wilderness first become reality?

## PHYSICAL INFLUENCES

13. God created the mature female body to be a cyclical body including three intricately integrated compartments. What are the three compartments?

14. List at least twelve symptoms that you may experience during your premenstrual syndrome. Be honest with yourself!

15. What encouraging reminder are we given in 1 Peter 2:11?

16. Those who know Jesus Christ as their personal Savior have three things available every moment. What are they?

17. What did you find most encouraging about this chapter?























## CHAPTER 6

# ANGER AND WARFARE AT REPHIDIM

### SCRIPTURE READING: EXODUS 17

1. In Exodus 17:1, the Israelites arrived in Rephidim, where they once again encountered a physical difficulty. What problem did they face this time?
2. In spite of the demonstrations of God's power over water that they had seen in the past, how did the people respond (Exodus 17:2–3)?
3. The Israelites emotions have intensified since their last disappointment in the wilderness of Sin. Describe this intensity as seen in Exodus 17:2–4.

4. Although we recognize the ugliness and danger of blatant anger, how do we often disguise it in our lives?

5. List and define the six forms or degrees of anger found in Ephesians 4:31.

(a)

(b)

(c)

(d)

(e)

(f)

6. What are the boundaries of anger as established in the following passages?

Proverbs 15:1

James 1:19–20

Proverbs 30:33

Proverbs 29:11

Ecclesiastes 7:9

Proverbs 22:24–25





























4. What word in 2 Peter 1:5 reveals the hard work necessary to grow in our knowledge of God? Define the word.

5. Second Peter 1:5–8 lists areas of growth that are to be added to our faith. Using Beneth Jones’s explanations, describe each area of growth.

Virtue:

Knowledge:

Temperance:

Patience:

Godliness:

Brotherly kindness:

Charity:

## HOLD THE LENS STEADY

6. When we realize that a negative attitude or emotion is flaring up, our natural tendency is to look for someone or something to blame. What should we do instead?





## GIVE THE WHOLE INTO GOD'S HANDS

13. We are not to eliminate our emotions. What is our goal instead?

14. How does *The Wilderness Within* define the following?

*looking*

*unto*

*Jesus*

15. What principle has the Lord brought to your attention in this chapter?





7. How is the bread of the Word unique?

8. What do the following verses teach us about our consumption of the Word?

Joshua 1:8

1 Timothy 4:15

James 1:22

James 1:25

9. The following verses exemplify for us the effect of the Word of God. What picture does each verse use to describe the nourishment Scripture provides?

Job 23:12

Psalm 119:103

Psalm 119:162

## THE BIBLE AS COMPASS

10. What does the compass of God's Word direct us to?

11. List and describe the three qualities we need to practice in our lives in order to use the Word of God effectively.

12. What suggestion from this chapter do you need to implement in your life?